

INTRODUCTION TO PROTOCOLS AND GUIDELINES AT PORTLAND UNITED FOOTBALL CLUB.

14th August 2020 Updated

To all Players and officials of P.U.F.C.

Due to the current guidelines issued by the government and football Association there are a number of new protocols that are required to be followed by the players and officials before commencement of any training session or game, this is to ensure the wellbeing and safety of everybody. Please STUDY AND UNDERSTAND the correspondence issued. There will be a Covid-19 health declaration completed before each training session or game. Should you require any further information or help there will be contact details issued at the end of this statement.

NOTE * All information will be confidential and subject to medical confidentiality guidelines *

1. When arriving for training or a match stay in the car park, keep socially distanced from teammates until invited to proceed to the reception area for examination and declaration.
2. You will be required to wear a face mask/face covering and gel your hands before entry. A gel station will be provided but you are advised to purchase your own alcohol gel for personal use.
3. Leave all items of clothing, kit bags, phones etc in your vehicle. A water bottle will be allowed but must be clearly named and no other person must use it.
4. Currently you must not use the changing rooms so kit to be worn to the ground. Footwear must be marked and only handled by owner. Updated on Risk assessment
5. Before each training session or match, you will be required to have your TEMPERATURE taken and complete a COVID -19 HEALTH DECLARATION.
6. Players to gel hands BEFORE AND AFTER each training session.
7. The club toilet facilities will not be available unless absolutely necessary or you have a medical condition, a full clean will take place after use. Updated on Risk assessment
8. All training equipment will only be handled by a nominated management member and disinfected at the start and end of each session.
9. Although the club will have hand Gel stations situated around the training area players are advised to purchase their own.
10. You are required to bring your own face mask/face covering this is in the current F.A. guidelines.
11. The team management will be aware of the latest information and will be kept updated on a daily basis if required.
12. Please allow extra time before training to facilitate the work needed by the reception team, managers will inform you of arrival times.
13. The club protocols and statements will in line with the F.A. and league guidelines

Contact Details for Covid 19

Vicki Coleman Covid-19 supervisor

Mark Coleman Portland United co-ordinator mark.coleman1905@gmail.com

Mobile 07976 245 057

Further information on the NHS & F.A. Websites

If you show any Covid-19 symptoms * Call 111 for Coronavirus service *

Watch for symptoms of Covid -19.

If you are experiencing any signs or symptoms of Covid -19 do not attend for training or matches.

(new persistent cough/sore throat/tiredness/fever/loss of taste or smell)

If you have been in contact with anyone suspected of having or that has been diagnosed as having Covid -19 in the last 14 days do not attend training or matches.

We thank you for your understanding during this difficult and challenging time. Your health, safety and welfare is of paramount importance to us at Portland United Football Club.